



NEWSLETTER

Diabetes Related to Acute Pancreatitis
and Its Mechanisms Study

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DREAM by the Numbers*

13	Centers	962	OGTT Visits
914	Participants	306	MMTT Visits
2,606	DREAM Visits	92	FSIGTT Visits
88	DREAM-ON Visits	334	MRI scans

**Data reported through December 2025*

Spotlight on T1DAPC



Annual Steering Committee Meeting February 2025, Bethesda, MD

Want to learn more about your pancreas and pancreatitis? The National Pancreas Foundation (pancreasfoundation.org) provides information, videos, and support groups for patients and caregivers.

PARTICIPANTS – WHAT YOU NEED TO KNOW:

What causes diabetes?

Diabetes is a chronic disorder that has multiple risk factors, including being overweight or obese, consuming sugary food and beverages, being sedentary and having a family history for diabetes. These factors also elevate the risk of diabetes in people with history of pancreatitis. In addition, studies show that more severe forms of pancreatitis and higher triglyceride levels may further elevate the risk of diabetes among pancreatitis patients. The DREAM study will help to discover other factors that change your risk of diabetes.



HOW CAN I HELP AS A PARTICIPANT?

Understanding how your blood sugar and hormone levels change after your recovery from pancreatitis is an important part of our study. *If you do develop diabetes, diagnosing it early can help to prevent complications. Stay in touch with us and ask questions!*

Want to learn more?

Visit our website:
<http://t1dapc.net/dream.cfm>

KNOW YOUR STUDY PROCEDURES!

What is the mixed meal tolerance test? [MMTT]

MMTT is a multi-timepoint blood sampling test, that measures the release of insulin and other pancreas and gut hormones in response to a liquid meal.

The MMTT requires fasting for ≥ 8 hours. You will drink a liquid meal (Boost) within a 5-minute period. An intravenous (IV) line will be placed to collect blood before drinking Boost and 6 more times over a 2-hour duration after you finish drinking it.

The procedure takes about 2 hours. You will be compensated for participating in the MMTT procedure.